

Just had sex? Afraid of pregnancy?

If you don't want to become pregnant, you have **5 days** to use Emergency Contraception (also known as the "morning-after-pill"), but the **sooner** the **better**!

What is Emergency Contraception (EC)?

- EC is a safe and effective method of birth control that **prevents** pregnancy after sex.
- EC is **not** the abortion pill. It will not work if you are already pregnant

When do I use EC?

- The condom broke or slipped off.
- You missed 2 or more birth control pills.
- You missed your birth control shot.
- You were forced to have sex.

How does EC work?

EC prevents pregnancy by:

- Temporarily stopping an egg from being released, or
- Stopping fertilization of the egg, or
- Stopping a fertilized egg from attaching to the uterus.

Where can I get EC?

- Go to your local drug store
- Call your doctor for a prescription
- Or call the EC Hotline at 1-888-not-2-late



Massachusetts EC Network
41 Winter Street, Boston, MA 02108
www.massECnetwork.org

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